



Lee Cosmetic Acupuncture

7373 W Jefferson Ave Ste 402
Lakewood, CO 80235
72-310-8525
leecosmeticacupuncture.com

Consent to Treatment for Cosmetic Acupuncture & Microneedling

Cosmetic Acupuncture treatment involves the insertion of acupuncture needles to the face, neck, and body and that according to the theory of Traditional Chinese Medicine (TCM) the insertion of these needles is designed to facilitate the flow of Qi (energy) along meridians or pathways throughout the entire body. This may include enhanced skin tone, the improved luster of complexion, decreased puffiness around the eyes, elimination or reduction of fine wrinkles, improved muscle tone, a firming of sagging skin, and a lessening of the visible signs of aging. However, I understand that as with all TCM care, Facial Rejuvenation Acupuncture involves a gradual, healthful process that is customized for each individual, and that individual results may vary.

Contraindications, Botox/facial fillers in the past 6 months. Treatment is not recommended for patients who are pregnant or nursing.

Risks of Cosmetic Acupuncture

I understand that every procedure involves a certain amount of risk, including Cosmetic Acupuncture. Some of the more common complications are listed below. I understand and am informed that even though the majority of patients do not experience these complications, problems may arise for me:

- Bleeding and Bruising -As with acupuncture in general, when a needle is removed, some minor bleeding may occur. This is normal and usually will not leave a bruise. Occasionally, a bruise or hematoma may appear. With bruising, it is important that you wear sunscreen when going outside. Topical and internal remedies will be discussed to address bruising. If swelling persists, I understand I should call my provider immediately.
- Infection- Infection at the needle site is very rare after an acupuncture treatment because the needles are sterile. If you suspect infection at the needling site (i.e. redness, swelling or warm to touch), call me. Additional treatment or referral to your M. D. may be necessary.
- Damage to Deeper Structures- In certain systems, deeper structures such as blood vessels, nerves and muscles are rarely damaged during the course of a Cosmetic Acupuncture treatment. If this does occur, the injury may be temporary or permanent.
- Asymmetry-All facial structures are naturally asymmetrical. Results may vary from side to side due to this natural asymmetry, previous injuries on one side of the body, or severity of symptoms from one side or the other.
- Nerve Injury -Injury to the motor or sensory nerve very rarely results from facial acupuncture treatments. Nerve injuries may cause temporary or permanent loss of facial movements and feeling. Such injuries may improve over time. Injury to the sensory nerves of the face, neck and ear regions may cause temporary or, more rarely, permanent numbness. Painful nerve scarring is extremely rare.



Lee Cosmetic Acupuncture

7373 W Jefferson Ave Ste 402
Lakewood, CO 80235
72-310-8525
leecosmeticacupuncture.com

Risks, continued

- Allergic Reaction - In rare cases, local allergies to topical preparations have been reported. Allergic reactions may require additional treatment or discontinuation of treatment I understand it's important to let my acupuncturists know of any known allergies or sensitivities prior to treatment.
- Delayed Healing - Delayed healing is a rare complication. Smoking and certain health conditions such as diabetes, chronic fatigue syndrome, to name a few, may delay the healing response of any of the aforementioned risks.
- Unsatisfactory Results - I understand that I am not having a surgical procedure. The alternatives, risks, and comparisons of surgical procedures versus acupuncture have been discussed with me and outlined in this document. Should I have any further questions, I will discuss them with my provider before treatment begins.
- Long term effects - Following Cosmetic Acupuncture treatments, changes in facial appearance may occur as the result of the normal process of aging, weight loss or gain, sun exposure, stress, illness, or other circumstances not related to acupuncture. It has been explained that following lifestyle and dietary instructions may enhance the longevity of the Cosmetic Acupuncture treatment while non-compliance will adversely affect the longevity of the Cosmetic Acupuncture treatment. Additional, future treatments may be necessary to maintain the results.

Expectations and Guarantee: It has been explained that Cosmetic Acupuncture is not a surgical procedure. My questions regarding longevity of results, expected changes in my facial appearance have been answered. Although good results are expected, there is no guarantee or warranty either expressed or implied on the results that may be obtained. Although the results are usually dramatic, I have been informed that the practice of medicine is not an exact science and that no guarantees can be or have been made concerning the expected results in my case.

- I am undergoing treatment of my own free will. I agree that this procedure is being performed for cosmetic reasons. I am also aware of and accept the risk of unforeseen complications that may not have been discussed and which may result from this treatment.
- I have been informed about the treatment, procedure, indications, expected results and possible side effects.
- I acknowledge my obligation to follow the instructions closely and visit the office as directed.
- I consent to the treatment of Cosmetic Acupuncture to be carried out upon myself.



Lee Cosmetic Acupuncture

7373 W Jefferson Ave Ste 402
Lakewood, CO 80235
72-310-8525
leecosmeticacupuncture.com

Consent to Treatment for Microneedling

The MicroNeedling treatment allows for controlled induction of growth factor serums, or hyaluronic acid, into the skins self-repair process by creating micro injuries in the skin. These injuries stimulate new collagen production, while not posing the risk of permanent scarring. The result is smoother, firmer and younger looking skin. The skin needling treatments are performed in a safe and precise manner with a sterile needle head and are usually completed in 30-60 minutes.

Contraindications: Absolute Contraindications: Accutane within 6 months, Scleroderma, collagen vascular disease, or cardiac abnormalities, rosacea, blood clotting problems, platelet abnormalities, anticoagulation therapy (i.e.: Warfarin), facial cancer, past and present, chemotherapy, steroid therapy, dermatological diseases affecting the face (i.e. Porphyria), diabetes and other chronic conditions, active bacterial or fungal infections, immune-suppression, scars less then 6 months old and Botox/facial fillers in the past 2-4 weeks. Treatment is not recommended for patients who are pregnant or nursing.

Precautions: keloid or raised scarring, eczema, psoriasis, actinic keratosis, and herpes simplex

Side Effects Typically Include:

- Skin will be pink or red and may feel warm, like mild sunburn, tight and itchy, which usually subside in 12 to 24 hrs
- Minor flaking or dryness of the skin, with scab formation in rare cases.
- Crusting, discomfort, bruising and swelling may occur
- Pinpoint bleeding.
- It is possible to have a cold sore flare if you have a history of outbreaks.
- Freckles may lighten temporarily or permanently disappear in treated areas.
- Infection is rare but if you see any signs of tenderness with redness or puss notify our office immediately.
- Hyperpigmentation (darkening of the skin) rarely occurs and usually resolves itself after a month.
- Permanent scarring (less than 1%) is extremely rare.

Although the results are usually dramatic, I have been informed that the practice of medicine is not an exact science and that no guarantees can be or have been made concerning the expected results in my case.

I am undergoing treatment of my own free will. I agree that this procedure is being performed for cosmetic reasons. I am also aware of and accept the risk of unforeseen complications that may not have been discussed and which may result from this treatment.

I have been informed about the treatment, procedure, indications, expected results and possible side effects.

I acknowledge my obligation to follow the instructions closely and visit the office as directed.

I consent to the treatment of MicroNeedling to be carried out upon myself.